

# st brigid's college

## kindy menu

Summer 2017

### kindy lunch packs

#### option 1

two vegemite and cheese  
truck or heart sandwiches  
grape caterpillar kebab  
vege sticks and dip  
cubed cheese  
5.5

or

#### option 2

ham, cheese & lettuce  
wrap pinwheels  
celery, cream cheese & pretzel  
butterflies  
seasonal fruit pieces  
5.5

### cool choices.

fresh fruit salad	3.5
west n fresh yoghurt pots	3.0
seedless grape cups	3.0
seasonal fresh fruit piece	1.0
selection of sandwiches , wraps, baguettes	4.5
fresh salads - large	5.0
fresh salads - medium	4.5
sushi, 5 piece	5.5
sushi, 8 piece	6.5
jelly cup	1.0
mousse cups	2.5

### bakery.

homemade bakery treat	2.5
our own slices	2.5
giant choc chip cookie	2.5
giant anzac biscuit	2.5
shortbread	2.5
banana bread	2.5

### snacks.

red rock deli chips (28gm)	2.0
dried fruit salad tub	1.6
apricot delight pot	1.6
grain waves	2.2
sakata rice cracker tub	1.0

### thirst quenchers.

600ml water, mount franklin	2.2
pump water, plain	3.8
harvey fresh 250ml	2.8
250ml LOL	2.8
flavoured milk, chill 300ml	2.0
600ml	3.2
up & go, 250ml	2.5

### sandwiches, wraps & rolls

spreads 2.5,  
protein and salad 4.5  
spreads- vegemite, jam  
ham, chicken, salami, tuna, cheese  
salads- lettuce, tomato, cucumber,  
carrot, beetroot, avocado  
butter, mayo, relish, chutney