

# st brigid's college junior school

Summer 2017

## daily specials

pre-primary to year 3

years 4-6 are encouraged to purchase lunch from our daily bain-marie selections

### monday

cheesy corn fritters with side salad 5.0  
chicken and veg fried rice 5.5

### tuesday

homemade spinach and feta sausage roll 4.0  
ham & cheese mini quiches (2) with salad 5.5

### wednesday

vegemite and cheese scrolls (2) 5.0  
hamburger with cheese and salad 5.5

### thursday

beef nachos with sour cream 5.5  
crumbed fish and wedges 5.9

### friday

hawaiian pizza slice 5.0  
crispy chicken sub with lettuce & mayo 5.5

## sandwiches, wraps & rolls

spreads 2.5,  
protein and salad 4.5  
spreads- vegemite, jam  
ham, chicken, salami, tuna, cheese  
salads- lettuce, tomato, cucumber,  
carrot, beetroot, avocado  
butter, mayo, relish, chutney

## cool choices.

fresh fruit salad	3.5
west n fresh yoghurt pots	3.0
seedless grape cups	3.0
seasonal fresh fruit piece	1.0
selection of sandwiches , wraps, baguettes	4.5
fresh salads - large	5.0
fresh salads - medium	4.5
sushi, 5 piece	5.5
sushi, 8 piece	6.5
jelly cup	1.0
mousse cups	2.5

## so hot.

good eating mrs macs pie	4.0
good eating mrs macs sausage roll	3.5
sauce	.40

## bakery.

homemade bakery treat	2.5
our own slices	2.5
giant choc chip cookie	2.5
giant anzac biscuit	2.5
shortbread	2.5
banana bread	3.0

## snacks.

red rock deli chips (28gm)	2.0
dried fruit salad tub	1.6
apricot delight pot	1.6
grain waves	2.2
sakata rice cracker tub	1.0

## thirst quenchers.

600ml water, mount franklin	2.2
pump water, plain	3.8
harvey fresh 250ml	2.8
250ml LOL	2.8
flavoured milk, chill	2.0
300ml	
600ml	3.2
up & go, 250ml	2.5

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